

# My Health Plan

Access your Medical Mutual healthcare plan online 24/7



**A secure website specifically for Medical Mutual members, My Health Plan makes it easy and convenient to manage your plan and your health online.**



## Manage Your Plan

- Search for in-network providers, hospitals and facilities to maximize your benefits
- Order a new member ID card or access a temporary ID card if you don't have yours with you
- View your plan documents to see what is covered



## Manage Your Costs

- Check the status of your deductible and coinsurance
- View your Explanation of Benefits (EOB) statements
- Access your health savings account (HSA), flexible spending account (FSA) or health reimbursement arrangement (HRA) if applicable to your plan



## Manage Your Health

- Learn about preventive care and mental health resources available to you
- Access our wellness portal for recipes, interactive fitness challenges, online courses and videos.
- Get support you need to help manage a chronic condition

**To access My Health Plan or register for your account, visit [MedMutual.com/Member](https://www.MedMutual.com/Member)**